

Drinking Water Policy

October 2011

Where is the water?

Drinking fountains have been installed in the following areas:

- PE corridor
- Social Area
- Food Court
- LS corridor

Please note, the water throughout the school is safe to drink.

Drinking water is part of good health and a balanced diet. As a Health Promoting School we would encourage pupils to drink water regularly and appropriately, in particular as a replacement for fizzy or sugary drinks.

Also, classroom discipline is an important factor in a Health Promoting School and to that end staff and pupils are asked to adhere to the following policy:

Outwith class time (not during period changes): Pupils can access drinking water from:

- Water fountains
- For sale in the Food Court

Please note: pupils must not be late to class because of accessing the water fountains

During class time:

- Pupils should ask permission to drink water in class
- Teachers should advertise and reinforce the classroom rules with reference to water
- Pupils should not drink any other liquid during class time

To access water, pupils **must**:

- Carry a reusable water bottle: all pupils will be issued with a Knox Academy drinking bottle that **must** have their name on; replacement or extra bottles can be purchased from the school
- Maintain the hygiene of their own water bottle, including rinsing out before use

- Water bottles **must not** be shared
- Access the water fountains by removing the drinking spout to ensure hygiene is not compromised
- Ask permission to drink water at an appropriate time in class