

# **Knox Academy**

Head Teacher Sarah Ingham BD (Hons)

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Dear Parent/Carer

### HOME ECONOMICS DEPARTMENT

You will be aware that we are now working at capacity in the Home Economics department. It is our aim to give pupils as much practical experience as possible.

To contribute to the overall costs of food the pupils will be using, money is requested either in full or in instalments (please turn over for instalment dates). S3-S6 pupils have more cost involved due to certification of their courses and this cost was made clear in course choice booklets prior to your child choosing this subject. S1-S2 pupils are asked to make a donation towards the cost of food provided for practical lessons.

Please note if you are experiencing financial hardship or are in receipt of means tested benefits the school can offer assistance with meeting the cost of Home Economics lessons. Please write to the Head Teacher, Mrs Ingham, outlining your circumstances.

In line with Eco-schools and our drive to be more environmentally friendly, we will no longer be providing containers for practical lessons. It is necessary to bring a **suitable container** to transport products home safely. Advice on suitable containers is on reverse.

Please check your child's planner to remind him/her to come prepared on the appropriate day. Failure to arrive prepared for practical activities results in the waste of food and money. Pupils receive I week notice about practical lessons.

Please return the tear-off slip along with initial payment to the **HE Department** by week commencing **Monday I**<sup>st</sup> **December**. As proof of payment pupils are asked to sign and date their name on a register, if you require a receipt for your records please let us know.

I would also ask if your child has any allergies towards food products we may be working with that we are made aware. Please also complete this on the tear-off slip below.

Yours sincerely	
Pl :	
Duff	
Faculty Head: Health & Wellbeing	
HOME ECONOMICS DEPARTMENT	
Pupil name:	Class:
Please find enclosed £ to pay for my child (Cheques made payable to East Lothian Council)	d's practical work this year.
Signed (parent/carer)	Date:
	te food products we should know about.



## Home Economics Payment Guide

Year/course	Full cost	Instalment I Due wk 01/12/14	Instalment 2 Due wk 02/02/15	Instalment 3 Due wk 02/03/15
SI	£10	£10 or £5	£2.50	£2.50
S2	£10	£10 or £5	£2.50	£2.50
<b>S</b> 3	£40	£40 or £20	£10	£10
S4**	£60	£60 or £20	£20	£20
S5/S6	£30	£30 or £10	£10	£10

**S4\*\*** Please note the cost of this course is £40 – the additional £20 is for the exam (£60 in total). Pupils must prepare a 3 course meal for Nat 5 and a 2 course meal for Nat 4 (the cost remains the same for both exams).

#### **Containers**

Suitable containers prevent food from being wasted, spilled in school bag and allow for correct storage prior to the end of the school day. Containers do not have to be new, just suitable for the food being made that day. Pupils will get one weeks notice of practical lessons.

## Examples of suitable types of container:

- Plastic tub with lid
- Recycled ice cream/ large margarine container
- Tinfoil dishes with lids
- Flask, recycled coffee jar or anything with a secure lid for soups

Please contact us if you wish any advice.