

Dear Parent/Guardian

Knox Academy's School of Rugby is expanding to cover all of Youth Rugby

After the **huge success** of the School of Rugby for pupils in S1 and S2 over the past three years, Knox Academy has secured extra funding from the SRU to expand this initiative through every year in the school. Even better news is that this is being replicated in every school across East Lothian and many in Edinburgh in a real push to grow the game and get Scottish Rugby back to where we all want it to be.

Haddington Rugby Club and Knox Academy have worked in partnership on this initiative and formed **Haddington Rugby** to give the school teams a stronger identity with the community they represent.

In order for this exciting initiative to be successful and really help strengthen rugby in our community and across Scotland, we are **looking for new or returning players** to **come and try rugby** and remind themselves what fun it is.



**Haddington
Rugby**



The Rugby World Cup is coming to East Lothian – and your child is invited

The third biggest sporting event in the world, the Rugby World Cup, is being held in England this year. Audiences will be glued to their televisions as rugby takes centre stage for much of September and October. Following the success of the Olympic Torch relay and Commonwealth Games Baton tour, the actual Rugby World Cup will be touring the UK and we have been invited to enter a seven a side tournament at North Berwick where our kids will get the chance to be photographed with the magnificent Trophy. What more incentive is needed to **come and try rugby**? This is a once in a lifetime opportunity that might even persuade Mr Wands to shave!

Rugby is everyone's game, with values that will benefit your child for the rest of their life

Rugby instils **strong values of leadership, respect, achievement, enjoyment and engagement**. Just ask anyone who has played rugby and they will tell you it is a game that prepares you for life and gives you a set of friends and a community that will always be there to help you.

"The core values of Knox Academy are Wisdom, Engagement and Respect and I have seen the pupils participating in School of Rugby demonstrate these in abundance. School of Rugby has been a great opportunity for pupils to learn about themselves and others, and I have no doubt that this will continue with Haddington Rugby." Sarah Ingham, Head Teacher Knox Academy

Rugby is a contact sport and therefore **safety is paramount**. All of our coaches go through a Rugby Ready course at the start of each season and receive further coaching qualifications before the start of next season. We are also seeking to rollout the Positive Coaching Scotland scheme, which is backed by the Bill McLaren Foundation, with the support of our parent network. Our coaches only put players onto the pitch when they believe they are ready and will take time to build their confidence in contact.



Come to our Parents' Evening to find out more

In order to give you more information about what is happening, we will be hosting a parents' night on **Monday 1 June** starting at **6.30 pm** in the Food Court at Knox Academy.

Please complete the slip below and bring it along on the night. This will allow us to contact you and keep you informed about all exciting developments on the horizon for Haddington Rugby. Children are also welcome to come along as it is about them and it would be good to hear from them also.