



Befriending Volunteers

Training takes place over 5 sessions, with one week dedicated to first aid training. Please be aware we will also require two references and carry out a PVG check.

There are lots of reasons to become a befriender:

- o Supporting young people in your community
- o Gaining work and life experience
- o Support your studies

It is important that you are passionate and committed to helping support vulnerable young people.

We offer 2 opportunities for volunteer befrienders – one-to-one befriending and group befriending.

My name is Sally Harris. I am the #engagebefriending coordinator. To get in touch, my email address is sally@strive.me.uk



www.strive.me.uk/engage-befriending

@engagebefriending



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