

Families/carers of children and young people (up to 18 years old) with a diagnosis of ASD are invited to attend any of the following Family Information Sessions.

Please note these sessions are for adults only. There will be no crèche facilities.

**Please text (details below) to book a place – please follow the instructions carefully.
Please only book in for sessions where dates have been confirmed. Other sessions will be circulated for booking as soon as the dates have been confirmed.**

Session title	Date	Presenters
Understanding ASD This session aims to cover the core features of ASD, presenting behaviours and differences within the autism spectrum. We will also touch on diagnostic criteria and co existing conditions. This session will be delivered through the use of video clips, handouts, participant involvement and shared experiences.	24/10/17	Dr Elaine Dale, Associate Specialist, Community Child Health Rhona McAlpine, Specialist Occupational Therapist, CAMHS
Supporting Children with Autism in Schools This session will be an opportunity to discuss the supports, process and provisions with regards to meeting the needs of children with Autism in schools. An outline of the East Lothian Child's Planning Framework will be given and discussion will take place around what is working well and what could be improved	07/11/17	Dr Lynne Binnie Principal Educational Psychologist/Acting Service Manager ASN
Autism Awareness Autism Awareness is a 2 hour session that aims to improve the knowledge, confidence and resilience of parents and carers in working with autistic children and young people. We will cover issues around various 'challenging behaviours' looking at causes and strategies to try	TBC	Simon Robinson, Barnardo's Intensive Behaviour Service (BIBSS)
Sleep management Information to follow ...	TBC	Dr Elaine Dale, Associate Specialist, Community Child Health Kate Triscott, School Nurse for Additional Needs and Sleep Scotland Counsellor

Session title	Date	Presenters
Supporting communication and using visual supports This session will look at what is involved in communication and talk over some tried and tested strategies to help support your child/young person's understanding and their ability to communicate and interact with others. As part of that we will look at using visual supports and how to tailor these to your family's needs.	TBC	Laura Duncan, Speech and Language Therapist, Children's Speech and Language Therapy Service
Social Stories This session will introduce Social Stories, a tool to use with your child to help them with different aspects of daily life and social situations e.g. understanding new routines, preparing for transitions and social expectations and rules. You will learn about what Social Stories consist of and have a chance to practice writing one.	TBC	Laura Duncan, Speech and Language Therapist, Children's Speech and Language Therapy Service
Sensory Workshop Information to follow ...	TBC	Angela McLeman, Paediatric Occupational Therapist East Lothian Children's Occupational Therapy Team
Other sources of help and caring for yourself Information to follow ...	TBC	Carers of East Lothian
ASD and toileting Information to follow ...	TBC	Kate Triscott, School Nurse for Additional Needs Catriona Brown, Paediatric Occupational Therapist
Information to follow ...	TBC	Social Work

Venue: Musselburgh East Community Association (MECA), Haddington Road, Musselburgh, EH21 8JJ

Time: 6pm – 8pm

To book a place text:

07753310268

leaving your name, contact daytime telephone number, which session(s) you wish to attend and number of places. Text confirmation will be sent advising whether or not your booking has been successful

*****places are limited and will be offered on a first come first served basis*****

As part of an East Lothian pilot post ASD diagnosis support project, participants will be asked to complete a short evaluation questionnaire following the session