

# Facilities Management Services



## High School Summer 2020 - 2021 Menu

## Week 1

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>SOUP V</b>	Cook's Choice Selection Bread & Rolls: Carrot & Coriander, Lentil, Vegetable, Leek & Potato, Tomato & Basil, Scotch Broth, Split Pea or Minestrone			
<b>MAIN COURSE</b>	Breaded Fish & Chips	Roast Chicken Dinner	Beef Chilli and Rice	Chicken Sausage and Mash
<b>VEGETARIAN CHOICE V</b>	Pasta in a Tomato & Basil Sauce V	Vegetable Curry V	Macaroni Cheese V	Cheese & Tomato Pizza V
<b>SPECIALS * See Specials Board</b>	STREET FOOD/PASTA KING / SUB SPECIALS / BURGERS			
<b>VEGETABLES SALAD</b>	Seasonal Vegetables/ Mixed Salad Free with every Main Course/Vegetarian Option			
<b>BAKED POTATO ♦ CHOICE:</b>	Baked Potato with a Choice of Fillings: Tuna/ Cheese/ Baked Beans/Hot Fills			
<b>DESSERTS</b>	Cold Dessert	Hot Dessert	Cold Dessert	Hot Dessert
<b>VARIOUS</b>	Filled Baguettes, Rolls, Sandwiches, Flat Breads, Wraps & Assorted Salads Home Baking, Fresh Fruit, Fresh Fruit Salad, Yogurt Selection of Cold Drinks			
<b>Hot Dessert Choices</b>	Fruit Crumble, Sticky Toffee Pudding, Sponge, Custard, Apple Pie, Rice Pudding			
<b>MEAL DEALS</b>	<p align="center">***Money-Saving Meal Deals ***</p> <p><u>Option 1:</u> Dish of the Day, soup or yogurt and a drink  <u>Option 2:</u> Takeaway Special, small salad pot or fruit and a drink  <u>Option 3:</u> Baguette/Baked Potato, soup or fruit and a drink</p>			

June 2019-May 2020

We use free range eggs & locally grown vegetables in our menus

V Vegetarian

♦ Local produce when available



Week 1- Week commencing			



# Facilities Management Services

## High School Summer Menu

## Week 2



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SOUP <b>V</b>	Cook's Choice Selection Bread & Rolls: Carrot & Coriander, Lentil, Vegetable, Leek & Potato, Tomato & Basil, Scotch Broth, Split Pea or Minestrone			
MAIN COURSE	Salmon Goujons & Potato Wedges	Chicken Curry & Rice	Steak Pie, Potatoes & vegetable	Chicken Fajita Wrap
VEGETARIAN CHOICE <b>V</b>	Pasta Pesto with Garlic Bread <b>V</b>	Macaroni Cheese <b>V</b>	<b>V</b>	Quorn Dippers & Potato Wedges <b>V</b>
SPECIALS* See Specials Board	STREET FOOD, PASTA KING, SUB SPECIALS, BURGERS			
VEGETABLES <b>◆</b> SALAD	Seasonal Vegetables/ Mixed Salad Free with every Main Course/Vegetarian Option			
BAKED POTATO <b>◆</b>	Baked Potato with a Choice of Fillings: Tuna/ Cheese/ Baked Beans/Hot Fills			
DESSERTS	Cold Dessert	Hot Dessert	Cold Dessert	Hot Dessert
VARIOUS	Filled Baguettes, Rolls, Sandwiches, Flat Breads, Wraps & Assorted Salads Home Baking, Fresh Fruit, Fresh Fruit Salad, Yogurts Selection of Cold Drinks			
Hot Dessert Choices	Fruit Crumble, Sticky Toffee Pudding, Sponge & Custard, Apple Pie, Rice Pudding			
MEAL DEALS	<p align="center">***Money-Saving Meal Deals ***</p> <p><u>Option 1:</u> Dish of the Day, soup or yogurt and a drink  <u>Option 2:</u> Takeaway Special, small salad pot or fruit and a drink  <u>Option 3:</u> Baguette/Baked Potato, soup or fruit and a drink</p>			

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**V** Vegetarian

**◆** Local produce when available

Week 2 Week commencing			

**Facilities Management Services**  
*High School Summer Menu* **Week 3**



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>SOUP V</b>	Cook's Choice Selection Bread & Rolls: Carrot & Coriander, Lentil, Vegetable, Leek & Potato, Tomato & Basil, Scotch Broth, Split Pea or Minestrone			
<b>MAIN COURSE</b>	Cook's Choice of Chicken Dish	Breaded Fish & Chips	Lasagne	Chicken Goujons with Potatoes Wedges
<b>VEGETARIAN CHOICE V</b>	Pizza V	Quorn Fajitas V	Lentil Dahl with Naan Bread V	Sweet & Sour Noodles V
<b>SPECIALS</b>	STREET FOOD, PASTA KING, SUB SPECIALS, BURGERS			
<b>VEGETABLES SALAD</b>	Seasonal Vegetables/ Mixed Salad Free with every Main Course/Vegetarian Option			
<b>BAKED POTATO ♦</b>	Baked Potato with a Choice of Fillings: Tuna/ Cheese/ Baked Beans/Hot Fills			
<b>DESSERTS</b>	Cold Dessert	Hot Dessert	Cold Dessert	Hot Dessert
<b>VARIOUS</b>	Filled Baguettes, Rolls, Sandwiches, Flat Breads, Wraps & Assorted Salads Home Baking, Fresh Fruit, Fresh Fruit Salad, Yoghurts Selection of Cold Drinks			
<b>Hot Dessert Choices</b>	Fruit Crumble, Sticky Toffee Pudding, Sponge, Custard, Apple Pie, Rice Pudding			
<b>MEAL DEALS</b>	<p align="center">***Money-Saving Meal Deals ***</p> <p><u>Option 1:</u> Dish of the Day, soup or yogurt and a drink  <u>Option 2:</u> Takeaway Special, small salad pot, fruit and a drink  <u>Option 3:</u> Baguette/Baked Potato, small salad, fruit and a drink</p>			

June 2019- May 2020

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Week 3 Week commencing			

