

Price List

Cold Choices

Sandwiches with selected fillings	£1.29
Rolls with selected fillings	£1.29
Baguette	£1.49
Salad Box	£1.40

Hot Choices

Soup	£0.65
Dish of the Day	£2.16
Pasta Pot	£1.80
Baked potato premium filling (chicken, prawn, chilli)	£1.65
Baked potato standard filling (cheese,coleslaw,tuna)	£1.29
Hot Filled Rolls	£1.40
Pizzini	£1.39
Pannini standard filling (cheese, tuna, etc)	£1.50
Whole pannini premium filling (chicken, prawn, etc)	£1.70

Fruit & Tray Bakes

Small yogurt	£0.59
Fresh Fruit	£0.30
Small fruit salad	£0.40
Large fruit salad	£0.60
70g bag of fruit	£0.57
Assorted Traybakes	£0.79
Scones/pancakes	£0.50

Drinks

Plain milk carton (200ml)	£0.32
Tea/coffee/drinking chocolate	£0.65
Large bottle water (500ml).....	£0.74
Small bottle water (250ml).....	£0.55
Capri Sun.....	£0.79
Slush Drink.....	£0.65
500ml Drink Bottle.....	£1.20

Snacks

Crisps	£0.67
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Value for money...

A tasty nutritious meal with fresh fruit and a drink costs £2.30. Our filled rolls, sandwiches and baguettes are super value for money compared to some local shop prices. Special meal deals and theme day menus also offer other exciting choices. Look out for information on your school website.

Young Scot NEC Card



You will receive a Young Scot NEC card that you use to pay for school meals. You top your card up with money using a cash machine in school. Your parents/guardians can also put money onto your card on East Lothian Council's website.

You can use your card to get local, national and European discounts for shopping, travel, eating and lots of other activities.

Visit <http://young.scot> for more information

Do stuff > Get stuff

Young Scot Rewards allows young people to collect points and get money-can't-buy rewards and experiences. Every time you buy food and drinks from the school dining room you will receive points that you can use to get the rewards!

To sign up for Young Scot Reward points go to <https://rewards.youngscot.org/sign-up> (you will need an email account)

It takes less than a minute to get started! There are many ways you can get points such as ... Participate in positive activities, healthy eating, exercise, volunteering, recycling, getting involved with projects, informal learning, having your say on issues that affect you and lots more...

<https://rewards.youngscot.org/activities>

For more information about High School meals, prices & internet payments visit www.eastlothian.gov.uk or contact us
T:01620 827811 // schoolcatering@eastlothian.gov.uk

Facilities Management Services School Meals Catering
Serving Food for the Future



Light Bites

- Check Daily Specials Board -



Served Every Day

Soup - Cook's Choice

Carrot & Coriander, Lentil, Vegetable, Leek & Potato,

Tomato & Basil, Scotch Broth, Split Pea or Minestrone.

With a selection of bread and rolls.

Seasonal Vegetables & Mixed Salad

Free with every Main Course/Vegetarian Option

Baked Potato with a Choice of Fillings:

Tuna/ Cheese/ Baked Beans/Hot Fills

Special food...

If you require special food for a medical or cultural diet, please contact us **01620 827811** // schoolcatering@eastlothian.gov.uk

We use free range eggs & locally grown vegetables in our menus.

▼ Vegetarian. ▼ve Vegan. Local produce when available.

Weekly Menus

	Mains	Vegetarian & Vegan
Wk1		
MON >	Breaded fish & chips	Pasta in a Tomato & Basil Sauce with Garlic Bread ▼
TUE >	Roast Chicken with Roast potatoes & Yorkshire pudding	Vegetable Curry ▼
WED >	Beef Chilli & Rice	Leek & Potato Bake with Cheese sauce ▼
THU >	Chicken Sausage & Mash	Cheese & Tomato Pizza ▼

Wk 1 2022: 06 Jun, 27 Jun, 29 Aug, 19 Sep, 10 Oct, 07 Nov, 28 Nov, 19 Dec.
w/c 2023: 02 Jan**, 23 Jan, 20 Feb, 13 Mar, 17 Mar, 08 May, 29 May.

	Mains	Vegetarian & Vegan
Wk2		
MON >	Chicken Curry & Rice	Pasta Pesto with Garlic Bread ▼
TUE >	Salmon Fillet, Potatoes & Veg	Macaroni Cheese ▼
WED >	Steak Pie, Potatoes & Vegetables	Lentil Dahl with Chapati ▼
THU >	Chicken Burrito	Cheese & Tomato Pastry Square with wedges & salad ▼ve

Wk 2 2022: 13 Jun, 15 Aug***, 05 Sep, 26 Sep, 24 Oct**, 14 Nov, 05 Dec.
w/c 2023: 09 Jan, 30 Jan, 27 Feb, 20 Mar, 24 Apr, 15 May.

	Mains	Vegetarian & Vegan
Wk3		
MON >	Breaded fish & chips	Vegan Bolognese ▼ve
TUE >	Macaroni	Chickpea Curry & Spinach ▼ve
WED >	Haggis, Neeps & Tatties	Quorn Dippers & Potato Wedges ▼
THU >	Chicken Fried Rice	Pizza ▼

Wk 3 2022: 26 Jun, 22 Aug, 12 Sep, 03 Oct, 31 Oct, 21 Nov, 12 Dec.
w/c 2023: 16 Jan, 06 Feb, 06 Mar, 27 Mar, 01 May, 22 May.

Eat @ School

Morning break

- Hot and cold filled rolls, sandwiches, baguettes and wraps
- Healthy baking, fresh fruit and yoghurts
- Refreshing cold drinks

Lunchtime

- Delicious hot meals including a daily vegetarian dish
- 'Taste of the World' choices - pastas, curries, Chinese and Mexican dishes
- Fresh tasty salads
- Cold filled rolls, sandwiches, baguettes and wraps
- Healthy baking, fresh fruit and yoghurts
- Refreshing cold drinks

Local, fresh & nutritious ...

We cook our meals from fresh ingredients using local seasonal vegetables and free-range eggs.

The menus meet the food and nutrient standards set by the Scottish Government.



Money-Saving Meal Deals!

Option 1:

Dish of the Day, soup, fruit and a drink £2.45

Option 2:

Takeaway Special, soup, small salad pot, fruit & a drink ... £2.30

Option 3:

Baguette/Baked Potato, soup, £2.30
 small salad pot, fruit and a drink

Choice of Cold Drinks with Meal Deals:

Small bottle of water or 200ml milk