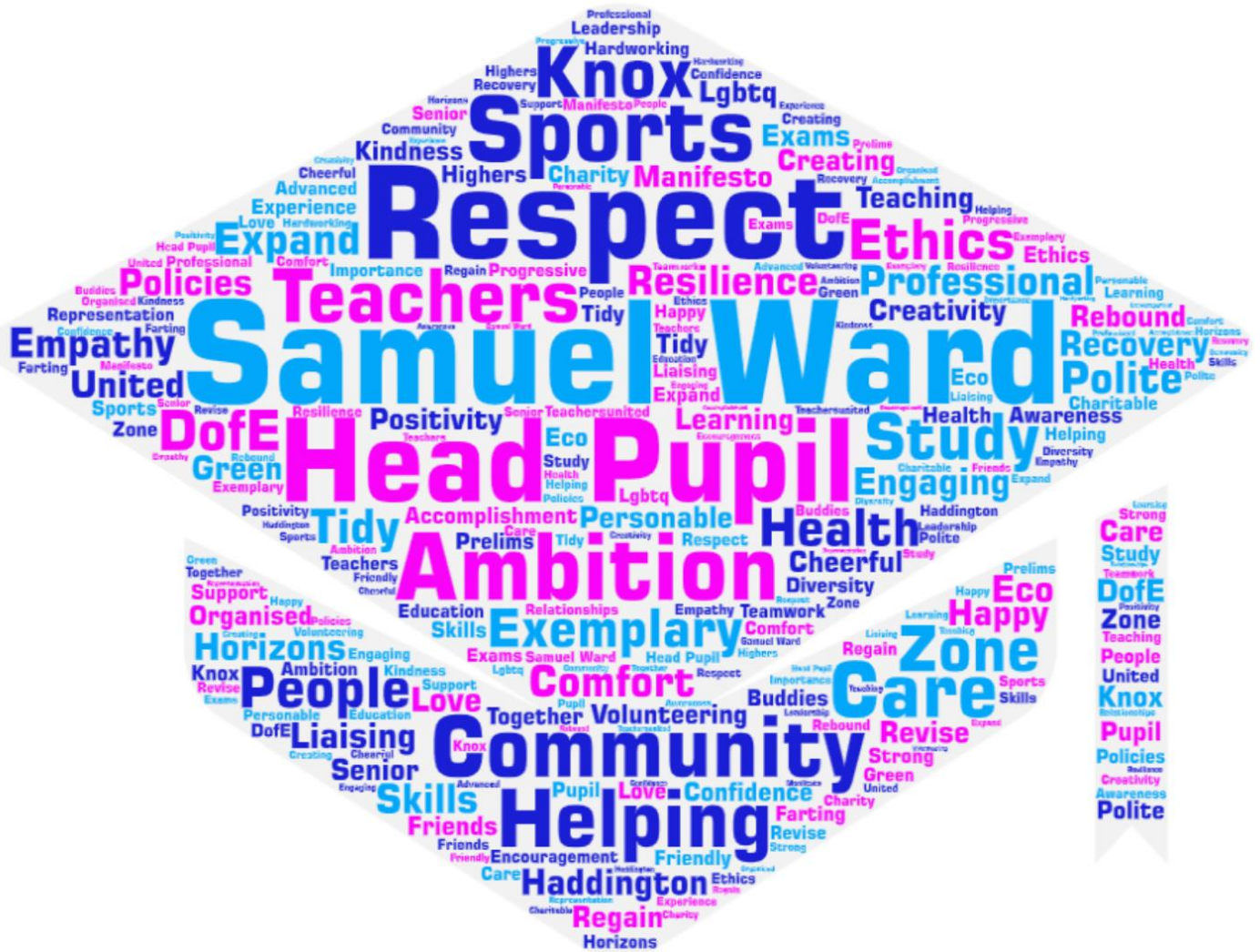


Knox Academy

2021/2022



SAMUEL WARD



Head Pupil - Manifesto

About Me

Hi! My name is Samuel Ward, I have risen to the challenge to put myself forward myself for Head Pupil in 2021/2022.

I would characterise myself as friendly, approachable and hard working. I have worked as paperboy and as kitchen porter and waiter at Winton Castle.

My interests are Skateboarding, Basketball and Piano. I am currently learning to drive. Just this weekend as I write my manifesto will be undertaking my Duke of Edinburgh Gold Expedition - a gruelling 4-day hike.

Why do I want to be a head pupil?

I want to expand my horizons, stay out of any comfort zone, keep challenging myself and make 2021/2022 a special year so that once I leave school I hope to reflect and say I achieved something great in terms of personal development and for our school.

I am eager for the role and whilst mustering and leading my peers will endeavour to pour as much energy into the role of Head Pupil as I can.

I am enthusiastic for projects / clubs / sports and have a great deal of creative ideas I would love to put into practice.

SAMUEL WORD



Why Me?

Head Pupil - Manifesto

Resilience & Recovery

1 We are not alone when we can frankly admit to ourselves and each other that the Coronavirus Pandemic has not been a good experience whatsoever, it has manifested in many unique and yet similar ways in me and you.

However, I want to see us all recover together, be honest with each other about how we have been affected and help each other out. We need to put behind us all the negativity and blame, I want us to focus on what we can do and not what we cannot.

I want to be the positive energy and example the right mindset for bouncing back from the Pandemic by leading us as head pupil. We can look forward to the next year with only an uplifted spirit.

I have the positivity for such a rebound and want to share it. I am determined to put a mark on 2021/2022 and make it our finest, together.

Empathy & EQ

2 I have two younger brothers attending Knox Academy this helps me keep up to date of what is happening with other years, so I can identify with different age groups.

All too often we are measured solely by our IQ, but I wonder how many would attribute the same level of importance to EQ (Emotional Quotient). Having an awareness of this helps me to understand, relate to and get along well with my peers - this helps make me a better and rounded person or leader at a time when we need to listen to each other more than ever.

Personable & Polite

3 I aim to engage with others in a friendly and polite manner. I am very approachable and aim to set an exemplary standard by showing maturity in how I conduct myself as demanded by the role of Head Pupil.

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Policies

Clubs and after school activities

After-school clubs and activities have yet to return, therefore I aim to rectify this. I will help and recruit other volunteers who are engaged in their Duke of Edinburgh or similar to be supervisors/enablers.

S4s and above who have not taken Physical Education as one of their subjects do not get their *2 hours of exercise a week* due to changing times and registration times.

I would scrutinise our risk assessments to make the seemingly impossible, possible.

Restarting these clubs would help everyone stay fit and healthy both physically and mentally. If you really want to organise a club and have a good level of interest, I will do my best to get it started and get Knox back on its feet.

Food and Health

Food and health is really important, yet the price of the equipment and ingredients can be prohibitive.

I would aim to organise a 'Bake Off' or bake sale and sell the produce at break or lunch. Money raised would go towards the Food and Health department.

Senior Common Room

The senior common room in the social area is underutilised, yet is a great asset for us to use.

Refurbishing this area will make it a more functional and welcoming area to study, socialise this will bring seniors and future seniors together and increase engagement.

Mental Health

I feel that more can be done to promote mental health awareness and to encourage people to speak out about their feelings and issues both inside and outside of Knox.

I believe we could establish a private chat room or an inquiry email inbox, in which any pupils may ask any question anonymously and select students and/or staff may answer directly to the student. This will benefit individuals who need to communicate their feelings and make a first step to getting support.

Thank you for taking the time to read my manifesto, and remember to vote for Samuel Ward :)