

Head Pupil Manifesto 2025



Imogen Dale



About me

My name is Imogen Dale, and I'm hoping you choose me as your head pupil for the 2025-2026 session.

At the start of my journey at Knox Academy I lacked self confidence, but through years of growth and pushing myself out of my comfort zone, I now feel proud of who I am and how far I've come. I have gained wonderful and unexpected friends, trusting relationships with my teachers, awards, and many fond memories through my time at Knox. This school has taught me to have grit and determination, it's pushed me to be the best version of myself, and has done nothing but support me whenever I need help.

My passion is music, whether that be playing, composing or just listening. During the hardest times music has helped me thrive and I just can't imagine my life without it. Knox has offered me a platform to showcase my musical skills at the christmas/spring/diversity concerts. I've been in the Knox orchestra for the duration of my time here, I'm also a part of the Goats Toes, and the string orchestra. Through this I've learned how to deal with the pressure of performance on stage, and now have absolutely no problems with being in front of a large audience.

I also enjoy partaking in sports, especially hockey. I'm currently part of the Haddington squad, but was previously on the Knox team when it was running. At one point in my earlier years at Knox I played for Haddington, Knox, and East Lothian whilst also attending other sports clubs and playing the cello. Through this I learned to manage my time efficiently and always prioritise my schoolwork and energy levels.

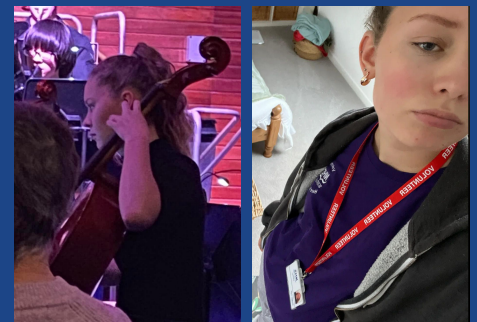
This is why I want to give back to Knox and provide others with the support that I received.

Why me?

I always try to be kind if not anything else. I'm empathetic and try to listen to everyone's opinion and give them the respect they deserve. I strengthened these skills through volunteering at the hospital for 9 months, and preventing loneliness of the patients.

I can deal with a heavy workload and remain calm under pressure. I enjoy solving problems and helping others to the best of my ability.

It would bring me great pleasure to represent my school and make everyone feel welcome.



My policies

My policies are based on **ambition**, **respect** and **community**!

1. Encourage pupils to quit vaping

Vaping in the toilets has become a huge issue, resulting in some students feeling scared or intimidated when going to the toilet. So to try and prevent this, I will be placing a vape drop off point in the school. This way students can get rid of their disposable vapes to aid their quitting journey. Students can also use this to safely dispose of old vapes in a way that is more environmentally friendly than binning them- as the batteries are harmful to the environment.

2. Zero littering tolerance

Living near Knox, I've noticed a massive increase in the volume of littering in recent years. This carelessness has a directly harmful effect on the animals (wild or domestic) in the neighbourhood. This attitude is extremely disrespectful and unacceptable as the lovely caretaker team end up having to clean up after the culprits. To counter this I will be clamping down on littering, and promoting holding more litterpicks. Litter Pickers will be made available to students if they kindly want to help clean up our beautiful area for house points.

3. KA Kilo Sale

I love buying second hand clothes as it's a good way to buy 'new' clothes for a good price whilst also not harming the environment. So I propose holding a Kilo Sale once a year, this would include students bringing in any clothes that they are willing to donate. Stalls could be arranged by year group or class, and could be decorated with help from the art department. This allows students at Knox to be part of a big community project that would be highly appreciated. Clothes would not be expensive so that everyone can enjoy.

A

R

C

VOTE IMOGEN DALE