

KNOX ATHLETICS CHAMPIONSHIPS

Tuesday 12th June

Running Order

9.00am	Competing pupils come to PE dept.
9.30am	All other pupils out onto field
9.50am	High jump competition starts for all year groups SNR pupils start full competition (shot putt, long jump, high jump, discuss)
9.50am	100m finals
10.10am	800m/1500m finals
10.20am	FUN EVENT *3 legged/Piggy Back/Wheelbarrow/Sack Race (Tug o War – Round 1)
10.40am	400m finals
11.00am	FUN EVENT *3 legged/Piggy Back/Wheelbarrow/Sack Race (Tug o War – Round 2)
11.20am	200m finals
11.40am	FUN EVENT *3 legged/Piggy Back/Wheelbarrow/Sack Race (Tug o War – Round 3)
12 noon	Relays ORDER: S1 (B+G)/S2 (B+G)/S3 (B+G)/SNR (G+B)/STAFF

LUNCH TIME!!!!