

Meadowpark Newsletter Friday 8th September 2017

The weather has been slightly more challenging this week but that doesn't prevent staff from encouraging pupils to be out and about.

Class 3 were at Amisfield Garden on Wednesday and came back with blackberries and raspberries to add to their apple crumble. Well done Rory and Charley for excellent chopping.



A gentle reminder again to please ensure that your child has adequate clothing every day as the weather will hinder us from venturing out. With Autumn upon us the need for weatherproof clothing is essential.

Dress Code: Knox Academy mainstream pupils are being closely monitored about Dress Code and in order for us to facilitate greater integration the wearing of a black jumper, white shirt/Tee-Shirt, black trousers or jeans would certainly help with integration.

I am not going to de-merit a pupil who is not in dress code (see website www.ka-net.org.uk/school-info/dress-code) however your cooperation in this matter is appreciated .

Learning to manage money is an essential Life Skill and all pupils are encouraged to participate in planning for cooking and baking events. Therefore the 'Snack Money' that you provide will now be referred to as 'Life Skills Money' for cooking and baking in particular.

With our current role of 15 pupils it is becoming increasingly difficult to cater for individual needs in terms of making time to buy snack. Therefore can I request that you provide your child with daily snack/packed lunch/drinks without the need for us to buy additional milk/yoghurts etc. unless pupils are choosing their meals from Knox Academy.

We are assisting our young people to become more independent and your support in this is appreciated. To that end can I further request that all pupils are discouraged from bringing sweets and fizzy drinks into school. If these are purchased by pupils during the course of the day they will be asked to keep them for home time.

Class 3 practised bike skills on Wednesday when they repaired tyres and oiled chains. These bikes were donated and have already proved incredibly popular.

We are all delighted that Mrs Hadden has returned to Class 1 (a staffing change) from Jury Service and thank Meadowpark Team and others in the wider community who stepped in to support classes during these three weeks.

I can honestly report that the feedback we get from volunteers, supply staff and visitors is one of joy and delight when they see Meadowpark pupils engaged, happy, confident and becoming increasingly independent.

As we are already hurtling towards the September weekend I am able to reflect on the past few weeks with pride and satisfaction: a new team has been created and I regularly have opportunities to see collaboration, negotiation and support across all the classes.

Our development of Emotion Works as a whole school Health and Wellbeing resource was observed on Tuesday by Claire Murray who devised the programme.

CfE, Mental and Emotional Wellbeing:

HWB 1-02a/HWB 3-02a

I know that we all experience a variety of thoughts and emotions that affect how we feel and behave and I am learning ways of managing them.

HWB 1-04a –HWB3 -04a

I understand that my feelings and reactions can change depending on what is happening within and around me. This helps me to understand my own behaviour and how others behave.



And sometimes we just need a huge mug of Hot Chocolate and the ear of a trusted adult to find a way forward...

Have a great weekend

Charli