



## 5 Great Reasons to Volunteer (Pupils)

Volunteer work presents a great opportunity for you to prepare for the future – whatever that may entail. It helps develop community both within Knox and the wider Haddington area. Developing leadership skills boosts Confidence, Organisation skills and your Employability. High school students who volunteer have an advantage over their peers when headed off to the work place, University or College.

### 1. **Gaining New Skills**

With each new volunteer activity comes training. These skills may seem basic or trivial at the time of training, but may also provide building blocks for future success. For example, by learning to lead others and deal with disruptions a Young Leaders communications skills will develop under a pressure environment. These skills are a great foundation for a Interviews, Presentation Skills or pressurized work meetings.

### 2. **Adding to the Resume**

If your CV is limited to summer employment at the local pizza place and basic computer skills, it might be time to add a few lines. Commitment to community volunteer work over time shows that a person is willing to work for something without monetary compensation--much like an apprenticeship or job shadow experience—This will help you ‘stand out from the crowd’ when it comes to applying for jobs, College or University.

### 3. **Giving Time**

One of the most selfless acts anyone can do is donate their time and talents. Pupils who are busy with after-school sports or work to help support their families and still make time to volunteer on evenings or weekends show outstanding character and resolve to make a difference.

### 4. **Showing Responsibility**

Just like going to a job, committing to a volunteer position shows responsibility. Pupils working on becoming more reliable should get involved in volunteer programs relating to their hobbies to naturally build responsibility. For example, pupils who enjoy sports can coach athletics / dance / ball sports at Extra Curricular club at Knox or in the Primary Schools.

### 5. **You'll feel good:** Not only will your volunteer efforts pay off by enhancing your CV, you'll feel pretty good about yourself too. Doing for others feels right, and it's contagious.

So do yourself – a favor: become a volunteer in whatever capacity you are able to, and get ready to get your buzz on.

To get involved contact: Steve Wands - Active Schools  
(m) 07969 428 526 or Email: [swands@elcschool.org.uk](mailto:swands@elcschool.org.uk)